

# **Baio Enterprises, Inc.**

## **Autistic/Asperger Young Adult Group (17-24)**

Network with and get support from other autistic/asperger young adults like yourself! Discover answers to situations that challenge you about living in a neurotypical world!

### **Introductory Meeting**

Jan. 9th -  
1- 1/2 hours  
\$40  
Minimum of 4 adults

### **Young Adult Goal-Directed Group**

**(therapist guided sessions toward participant selected goals...see attached)**

4 Sessions  
1- 1/2 hours each  
\$280  
Minimum of 4 adults/max of 12  
Jan 16th, 30th  
Feb 13th, 27th

### **Young Adult Monthly Social Support Group**

**(therapist available but activities and topics are directed by the participants)**

3 months  
1- 1/2 hours each  
\$120  
Minimum of 4 adults/max of 12  
Feb 6<sup>th</sup>, March 6<sup>th</sup>, April 3<sup>rd</sup>,

**Mondays, 4:30-6:00p.m.**

**(Sorry, no refunds for missed meetings)**

**Location: 1745 S. Alma School Road, Suite #145 (Alma School Road/60 Fwy)**

**Mesa, AZ 85225**

**Call for more information/registration: (480) 963-3634**

**[www.baioenterprises.com](http://www.baioenterprises.com)**

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## Autistic/Asperger Young Adult Group (17-24)

**Network with and get support from other autistic/asperger young adults like yourself! Discover answers to situations that challenge you about living in a neurotypical world!**

### **Join:**

**Marti Baio, M.A., CCC-SLP**

*A Neurotypical Speech Pathologist specializing in Autism/Asperger's syndrome*

**And**

**Sue Golubock, M.Ed., OTR/L**

*An Aspie Occupational Therapist specializing in Sensory Integration and Assistive Technology*

### **In a Therapist-Guided Participant Goal-Directed Group**

**YOU choose what you want to gain from the group:**

- ❖ **Meeting and making new friends: how to get to know them and when to let go**
- ❖ **Social Rules: learning what they are and how to repair relationships when you break them**
- ❖ **Surviving the Work Environment: What you need to know about social “politics”**
- ❖ **Body Language: Reading it and Sending it**
- ❖ **Negotiations: Getting what you need from other people**
- ❖ **Ways of defending yourself: without getting yourself into trouble**
- ❖ **Small talk and Social white lies: Why people do it and how to do it if you want to**
- ❖ **Humor: Discover your style and how to share it with others**
- ❖ **Feelings: Understanding why people see them as important and how to recognize them in yourself and others**
- ❖ **Problem solving: Dealing with people and things that bug you**
- ❖ **What you value: How to get other people to respect it**
- ❖ **Winning and Losing: Deciding if you want to play the game**
- ❖ **Discovering your Strengths: Focus on the “can's; get around the “can’t”s**
- ❖ **Sorting out what people say: what to pay attention to and when you should pay attention**
- ❖ **Being part of a club or organization: the pros and cons**
- ❖ **Fitting in: If and when you want to**

**4 Sessions for \$280, Mondays, 4:30-6:00p.m.**

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